

# Sex without consent is **RAPE** **WE CAN STOP IT**

What can you do to help stop Rape

Take responsibility

Respect your sexual partner

Question your own attitudes

Stand up for your beliefs

Be proactive

Be supportive

Speak up

## Support available

If this has happened to you, you don't need  
to deal with it alone

### Rape Crisis Scotland

Web: [rapecrisisscotland.org.uk](http://rapecrisisscotland.org.uk)

Email: [info@rapecrisisscotland.org.uk](mailto:info@rapecrisisscotland.org.uk)

### Assist

Web: [www.communitysafetyglasgow.org/  
what-we-do/supporting-victims-of-  
gender-based-violence/assist/](http://www.communitysafetyglasgow.org/what-we-do/supporting-victims-of-gender-based-violence/assist/)

Email: [ASSIST@glasgow.gov.uk](mailto:ASSIST@glasgow.gov.uk)

### White Ribbon

Web: [www.whiteribbonscotland.org.uk/](http://www.whiteribbonscotland.org.uk/)

Email: [info@whiteribbonscotland.org.uk](mailto:info@whiteribbonscotland.org.uk)

### Scottish Womens Aid

Web: [scottishwomensaid.org.uk](http://scottishwomensaid.org.uk)



[www.wecanstopit.co.uk](http://www.wecanstopit.co.uk)